

What Weighs Us Down

Dan Owen // Hebrews 12:1-4

Who are “the great cloud of witnesses” in Hebrews 12:1?

In Hebrews 12:1, the writer says...

Let us _____

And let us _____

We are fixing our eyes on Jesus, and considering Jesus our example, because he _____ (Heb. 12:2-3).

In Hebrews 12:4, like Jesus, we are supposed to _____, and _____ against sin.

Getting Specific – List some particular sins we need to fight against.

Reflection:

Unless we work hard to throw off the sin in our lives, we will not survive the journey from our conversion, to our destination: the promised land!



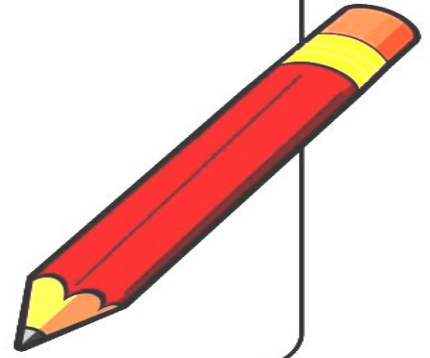
Name: _____

Date: _____

List your 3 favorite songs from today:

My Worship Notes Kids' Edition

***What Weighs
Us Down***
Dan Owen



Listen to the sermon! Make a mark for each time you hear:

God	Weigh	Down	Sin
Fight	Endure	Run	Jesus

Write down Bible verses that are used:

What are the main points that you heard?

1. _____
2. _____
3. _____
4. _____

Draw a picture from the lesson.

A large empty rectangular box with a black border, intended for drawing a picture from the lesson.

**PARENTS: ENCOURAGE YOUR CHILDREN
TO FOLLOW ALONG WITH THE SERVICE**

